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## Course Overview

With Dysphagia you can run the risk of choking every time you eat. Eating should be a fun activity, but this condition can be very stressful if it is not managed properly. Dysphagia is a common condition in elderly people and people who have learning disabilities.

In this course we will explain what Dysphagia is, how to spot the signs, and who to refer to. We will give guidance on how to make mealtimes a better experience. We will also provide practical guidance on how to support someone who has Dysphagia and how to help them if they choke or become unwell.

## Course Content

1. What is dysphagia?
2. The swallowing reflex
3. Causes of dysphagia
4. Signs and symptoms
5. Diagnosis and treatment
6. Supporting someone with dysphagia
7. The IDDSI Framework
8. Choking
9. Aspiration pneumonia
10. Monitoring, reporting and managing risk

**Course Duration** 45 Minutes

**Developed** in partnership with a dysphagia specialist.

### Accessibility

To change your accessibility settings or translate the course into another language, sign into your Click account before taking this course.

### Assessment and Certification

Sign in to your Click account before you take this course to take the assessment and immediately access/download your certificate upon successful completion.

**Quality Marks**