



Course Overview

All of us at some point have slipped or tripped or even fallen over. We often end up with grazed knees, a hole in our trousers and an embarrassed face but sometimes it can be much worse. Slips, trips and falls can quite literally change lives. For people who are older or who have learning disabilities sometimes life is never the same after a fall.

In this course we will explore who is at risk from falls including us at work, and how to assess these risks. We will give tips on how to prevent falls both in the workplace and when supporting people. We will look at ways to support people, and at how to help someone when they have fallen.

Course Content

1. What are slips, trips and falls?
2. Who is at risk from slips trips and falls?
3. What are the causes of slips trips and falls in the workplace?
4. Responsibilities in the workplace
5. What are the causes of falls in care settings?
6. How to prevent slips, trips and falls in the workplace
7. How to prevent slips, trips and falls in care settings
8. Risk Assessment
9. Supporting people who are at risk from falls
10. Consequences of falls for the people we support
11. What to do if someone falls
12. Monitoring and reporting on support for preventing falls

Course Duration 45 Minutes

Developed in partnership with a falls specialist.

Accessibility

To change your accessibility settings or translate the course into another language, sign into your Click account before taking this course.

Assessment and Certification

Sign in to your Click account before you take this course to take the assessment and immediately access/download your certificate upon successful completion.

Quality Marks