



Course Overview

Everyone is responsible for health and safety. That includes you! This course provides a refresher in Health and Safety for people who have done the Care Certificate. It is complimented by various different courses we provide that go into greater detail, for example, COSHH, Stress, Fire Safety, First Aid and Medication.

Course Content

1. Understand your own responsibilities, and the responsibilities of others, relating to health and safety in the work setting
2. Understand risk assessment
3. Understand the principles of safe moving and assisting
4. Understand procedures for responding to accidents and sudden illness
5. Understand medication and healthcare tasks
6. Understand how to handle hazardous substances
7. Know how to promote fire safety
8. Know how to work securely
9. Know the essentials to manage stress

Course Duration

 1 hour

Developed in partnership with a health and safety expert.

Accessibility

To change your accessibility settings or translate the course into another language, sign into your Click account before taking this course.

Assessment and Certification

Sign in to your Click account before you take this course to take the assessment and immediately access/download your certificate upon successful completion.

Quality Marks