

Positive Behaviour Support

and Non-Restrictive Practice



Course Overview

This In this course we will explain what Positive Behavioural Support (PBS) is and why it is the recommended approach to working with people who display ‘behaviours that challenge’.

We will look at the theories, the evidence base and the values that underpin PBS as a practice. We will introduce a basic model of understanding behaviour and explore the role of communication in PBS. Then we will consider ways to ‘make it happen’ in care services and what is involved, including the use of behaviour support plans, primary prevention, secondary prevention and reactive strategies.

Course Content

1. What is Positive Behavioural Support?
2. Theories that support PBS
3. What is good about PBS?
4. What are ‘behaviours that challenge’?
5. Understanding behaviour that challenges
6. The importance of excellent communication skills
7. Behaviour as a form of communication
8. Implementing PBS
9. High-quality care and support environments
10. Functional, contextual and skills-based assessments
11. Positive behaviour support plans
12. Primary prevention strategies
13. Secondary prevention strategies
14. Reactive strategies
15. Post-incident reviews
16. Getting help and further resources

Course Duration 45-60 minutes

Developed in partnership with qualified epilepsy specialists.

Accessibility

To change your accessibility settings or translate the course into another language, sign into your Click account before taking this course.

Assessment and Certification

Sign in to your Click account before you take this course to take the assessment and immediately access/download your certificate upon successful completion.

Quality Marks